MEDITATIONS FROM JULY 2020 SUNDAY BULLETINS

SILENCE IS GOLDEN

July 5, 2020 Rev. Janet Friedline

Sometimes our lives can be a little chaotic. We find us rushing here and there, meeting responsibilities, and fulfilling obligations. This state of busyness keeps us occupied, leaving little time for anything else. In time, we may grow a little weary of the activity, and we find us looking for a way out of what we have put in place. The realization is that we have filled our time with thoughts, and things, that demand our time and our attention, and we really do not like what we have done.

The desire is to find some quiet time just "for us," that time when we retreat from the noise and chatter of undisciplined thought and emotion, backing away from demands and expectations. Someone has said that silence is golden, and we feel this is the answer for us. But what is it, where is it, and how do we find it? Silence is a state of stillness and serenity, a place of "give no thought." We find it in us, in the depth of our soul's awareness. Jesus told us to "enter your closet and shut the door." Let us do so, and be at peace.

GOD'S LOVE – THE ONLY TRUE LOVE

July 12, 2020 Rev. Wayne M. Gatewood, Jr.

God's loving presence, being Omnipresence, never leaves a soul even though man's thoughts may be turned away from God. God's loving call is eternally sounding, though unheard by the ears that are filled with other sounds...the sounds of the world and its error ways. However, at this very moment here and now, or at whatever time in the future, our thought becomes attentive to the Truth, we shall realize that we, like our Father, are love; and since Truth is changeless...love is changeless.

Today, Divine love and infinite tenderness sustain me. In order that I shall not separate myself from this love, I endeavor to see it reflected in everyone and everything. I shall permit only that which is loving, kind and true to find entrance or exit through my consciousness. Thus, I shall be assured that I am bathed in the warm glow of that true and eternal Love (God). *"The fruit of the spirit is love." Galatians 5:22*

PRACTICAL OR IDEALISTIC

July 19, 2020 Rev. Donna Gatewood

We live in a world of darkness but there is a Great Light that shines on and lives in this world for each and every one of us to experience. This Great Light is the Christ, the only begotten Son of God. This Light indwells us and is ever waiting patiently for us to leave the shadow of darkness and embrace it full on.

What keeps us in the darkness when the Light is right where we are day in and day out? It is the belief in a power other than the One Power, God, which keeps us bound to the shadows of life. It is the belief that our material possessions, our professions, and our personalities are powerful and enriching. In truth these earthly things are our false gods and they keep us from experiencing Life in its fullness.

Let us apply the truth we know. Let us reach beyond the appearances which bind us to the earth. Let us reach for the Light. For in the Light of Christ we experience all of what we are. We are filled with the Light of Peace, Love, Joy, Wisdom, Knowledge, Understanding, and Wholeness.

"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven." Matthew 5:14-16

FINDING FULFILLMENT

July 26, 2020 Rev. Janet Friedline

Many individuals spend their time searching and seeking in order to improve their circumstances and conditions, hoping to attain a more desirable result. All of this searching, and seeking, demands fulfillment and support in some way. An appropriate question might be; "where are we looking and exactly what do we expect to find?" What satisfies the empty places that long to be filled? Many times, we are impatient, running after the first thing that gets our attention.

Sometimes we search with our head, and other times, we seek with our heart. The head settles for what seems logical and reasonable. The heart has a deeper desire, craving contentment beyond the pleasure of temporary things. The heart searches in an inward way. The still small voice reminds us that the earth is the Lord's, and the fullness thereof. And now we know. It is not our responsibility to do the filling; we simply are not wise enough to do so. God does the work; let us allow him to do so.